

## Life in 55 Words

Submissions for this special column were required to meet the following basic criteria: Relate—in exactly 55 words (not including the title)—an experience that influenced the author or author's practice of medicine. Submissions reflected a wide range of experiences and emotions.

(Fam Med 2011;43(2):123-4.)

### **Take Care of Your Mother**

"Doctor, take care of your mother. I lost mine one month ago and now, I am missing her."

I thought about my job as a doctor. Always counseling everybody and many times forgetting that my life and my family's life are as vulnerable as anyone's. I kept that counseling from my patient in my heart.

*Marco Aurélio Janaudis, MD*

*SOBRAMFA (Brazilian Society of Family Medicine)*

### **Fibromyalgia**

A peregrination  
From doctor to doctor.  
Too many exams,  
No real cause.

Maybe a fibromyalgia—someone said.  
The question is—my body still aches,  
A deep pain, I always feel,  
That is coming from inside.

And now you show me

The only thing I need is  
To heal my soul's wounds  
Before being totally cured.

*Maria Auxiliadora Craice De Benedetto, MD*

*SOBRAMFA (Brazilian Society of Family Medicine)*